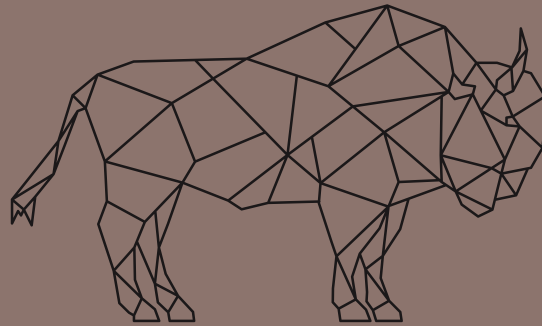


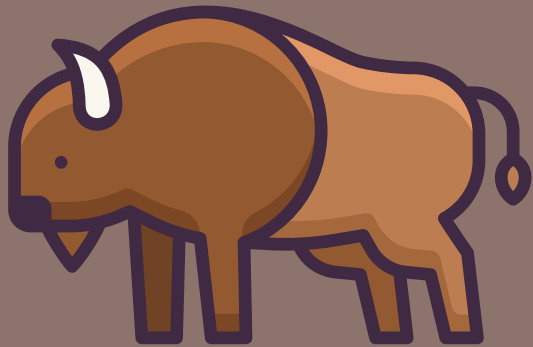
be a buffalo



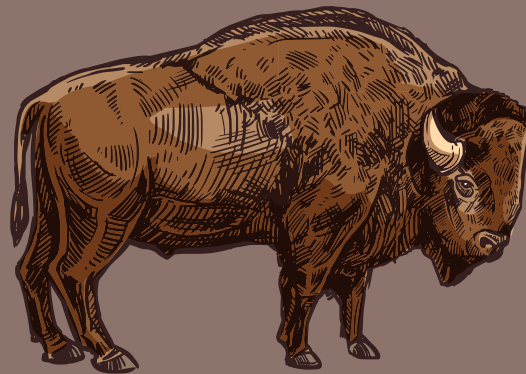
be a buffalo



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"Today pioneer blood flows in our veins just as it did with those who walked west. It's the essence of our courage to face modern-day mountains and our commitment to carry on."

-Gordon B. Hinkley, May 1997
"Faith in Every Footstep"

Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.

Deuteronomy 31:6

Be like the buffalo...

- always have determination
- be brave and strong
- protect the herd
- appreciate and respect others
- stampede through obstacles
- never, ever, give up

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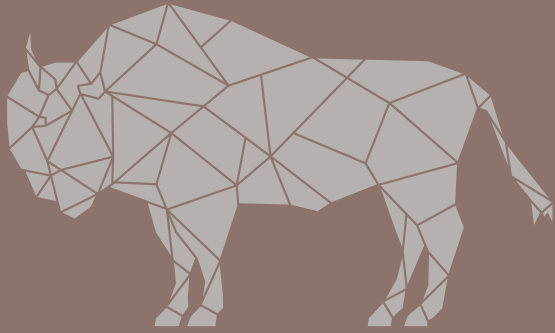
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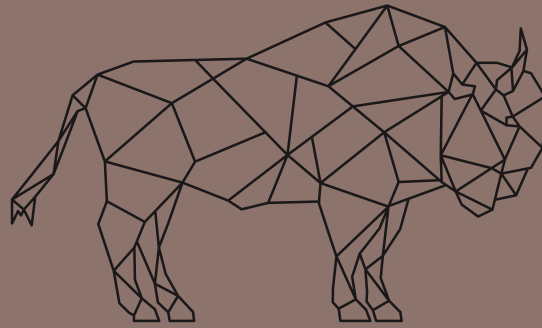
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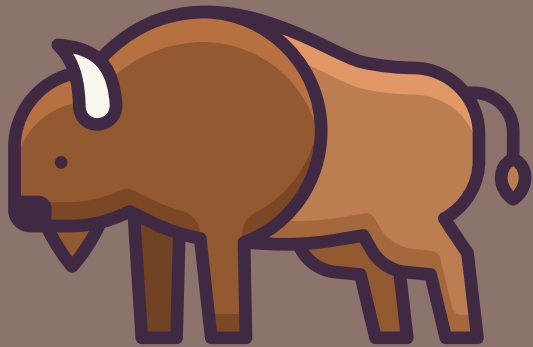
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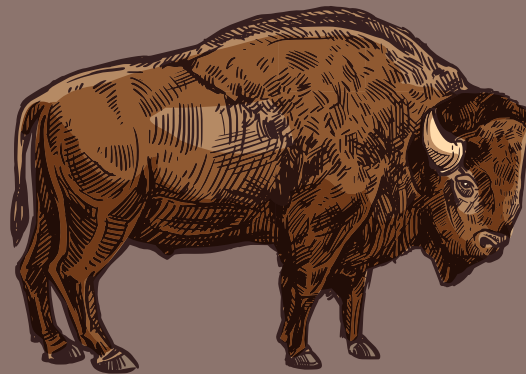
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"Decisions are constantly before us. To make them wisely, courage is needed—the courage to say no, the courage to say yes. Decisions do determine destiny."

-Thomas S. Monson, October 2010
"The 3 R's of Choice"

Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.

Proverbs 3:5-6

"They had travelled [for some 1,200 miles] twenty miles a day and sometimes more. Their faces were much sunburnt and their lips parched; but cheerfulness reigned in every heart, and joy seemed to beam on every countenance. The company gathered around us and I tried to address them, ... but my utterance was choked, and I [tried three times] before I could overcome my emotions."

As Elder Parley P. Pratt met a handcart company on his way to his eastern states mission

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